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*** Social Services Advisory ***

Mono County closes Antelope Valley Senior Center temporarily to protect against coronavirus disease

In order to help protect Mono County's senior citizens from coronavirus disease (COVID-19), Mono County is **closing** the Antelope Valley Senior Center in Walker, California through the end of the month, effective Friday, March 13, 2020.

The County's home delivered meals program will continue to operate.

Mono County is following guidelines from the California Department of Public Health (CDPH), which advises against gatherings of individuals who are at higher risk for severe illness from COVID-19 to be limited to no more than 10 people.

Older adults (ages 60 and higher) as well as people who have serious, chronic medical conditions (like heart disease, diabetes and lung disease) are at higher risk for contracting COVID-19, according to the Centers for Disease Control and Prevention.

Antelope Valley Senior Center staff will reach out to the center's regular guests to check in on them. The center will re-evaluate where things stand at the end of the month.

The center is diligently following protocols for disinfecting its home delivered meals operations, including senior program vehicles.

All residents should practice good health hygiene which includes washing your hands, staying home if you are sick, avoiding close contact with people who are sick and covering your cough or sneeze with a tissue or your sleeve (not hands).

For more information, please contact Antelope Valley Senior Center at 530-495-2323. For up-to-date information on the coronavirus, visit www.monohealth.com.